

Dear .....

## Lockhart Post No. 23 Of The American Legion

is sponsoring a Historical Service Record of Wasatch County World War I and II Veterans. This will be a bound book with pictures and historical data of each veteran. We will appreciate your cooperation in sending a picture in uniform (any size) together with the filled out questionnaire below to: American Legion, Heber, Utah. All pictures will be returned. All Gold Star boys will be placed at the front of the book. Complete pictures of county land marks and places of interest. You are under no obligation to buy a book, but your cooperation in sending in pictures and data will make this book possible.

PLEASE FILL OUT AND MAIL AT ONCE!

Name Verne J. Wright  
Address Heber, Utah

1. Date of Induction September 16, 1944

2. Branch of Service Army (Infantry)

3. Training Stations and Dates

Fort Douglas, Utah  
Camp Roberts, California

4. Date of Embarkation Feb. 15, 1945

5. Theatre of operation Asiatic Pacific

List engagements

Southern Philippines, Luzon  
Asiatic Pacific Campaign medal

6. Medals earned Asiatic Pacific Campaign medal

7. Date returned to U. S. Sept. 21, 1946

8. Discharge Station Camp Hale, Colorado

9. Date of Discharge Mar. 20, 1946

10. Rank Pfc

11. Total Months Served 17

12. Present Occupation Teacher

REMARKS — Experiences, and other data not covered by  
questionnaire:

Parents - B. W. Wright - Belle Wright

Wife - Nanda Edwards Wright

Children - Mark

Include Parents', Wife's and Children's Names

If your family had more than one in service, copy above on sheet of paper. If any dates are not known, leave blank.

This book will sell for \$3.00 It is worth more than that to your relatives and friends. It will preserve memories of yourself and buddies. All money will be receipted. Check below:

I DESIRE A COPY OF THIS BOOK



In Charge of Publication

American Legion and Auxiliary

Philippine Liberation ribbon with  
1 bronze star - Good Conduct  
Army of Occupation medal -  
World War Two Victory Medal -  
Combat Infantryman badge

# THE VEDIC BOOKS OF KNOWLEDGE

IN ENGLISH OR HINDI

( READING A BOOK OR LISTENING



is good for health:

the more you read, the better you will be. It is also good for the mind and body. It is good for the soul and spirit. It is good for the heart and lungs. It is good for the eyes and ears. It is good for the brain and nerves. It is good for the skin and hair. It is good for the teeth and bones. It is good for the muscles and tendons. It is good for the joints and ligaments. It is good for the heart and lungs. It is good for the brain and nerves. It is good for the skin and hair. It is good for the teeth and bones. It is good for the muscles and tendons. It is good for the joints and ligaments.

It is good for the heart and lungs. It is good for the brain and nerves. It is good for the skin and hair. It is good for the teeth and bones. It is good for the muscles and tendons. It is good for the joints and ligaments. It is good for the heart and lungs. It is good for the brain and nerves. It is good for the skin and hair. It is good for the teeth and bones. It is good for the muscles and tendons. It is good for the joints and ligaments.

several ways to learn about your body:

1. By reading books on health and nutrition.  
2. By listening to tapes or CDs on health and nutrition.  
3. By attending workshops or seminars on health and nutrition.  
4. By talking to a doctor or a nutritionist.

also:

1. By following a healthy diet - eating lots of fruits, vegetables, whole grains, lean protein, and healthy fats.  
2. By getting enough exercise - walking, jogging, swimming, cycling, etc.  
3. By getting enough sleep - 7-8 hours per night.  
4. By avoiding tobacco, alcohol, and drugs.  
5. By staying hydrated - drinking plenty of water.  
6. By avoiding processed foods and additives.  
7. By avoiding stress - practicing relaxation techniques like yoga, meditation, and deep breathing.

also:

1. By following a healthy diet - eating lots of fruits, vegetables, whole grains, lean protein, and healthy fats.  
2. By getting enough exercise - walking, jogging, swimming, cycling, etc.  
3. By getting enough sleep - 7-8 hours per night.  
4. By avoiding tobacco, alcohol, and drugs.  
5. By staying hydrated - drinking plenty of water.  
6. By avoiding processed foods and additives.  
7. By avoiding stress - practicing relaxation techniques like yoga, meditation, and deep breathing.

also:

1. By following a healthy diet - eating lots of fruits, vegetables, whole grains, lean protein, and healthy fats.  
2. By getting enough exercise - walking, jogging, swimming, cycling, etc.  
3. By getting enough sleep - 7-8 hours per night.  
4. By avoiding tobacco, alcohol, and drugs.  
5. By staying hydrated - drinking plenty of water.  
6. By avoiding processed foods and additives.  
7. By avoiding stress - practicing relaxation techniques like yoga, meditation, and deep breathing.

also:

1. By following a healthy diet - eating lots of fruits, vegetables, whole grains, lean protein, and healthy fats.  
2. By getting enough exercise - walking, jogging, swimming, cycling, etc.  
3. By getting enough sleep - 7-8 hours per night.  
4. By avoiding tobacco, alcohol, and drugs.  
5. By staying hydrated - drinking plenty of water.  
6. By avoiding processed foods and additives.  
7. By avoiding stress - practicing relaxation techniques like yoga, meditation, and deep breathing.

also:

1. By following a healthy diet - eating lots of fruits, vegetables, whole grains, lean protein, and healthy fats.  
2. By getting enough exercise - walking, jogging, swimming, cycling, etc.  
3. By getting enough sleep - 7-8 hours per night.  
4. By avoiding tobacco, alcohol, and drugs.  
5. By staying hydrated - drinking plenty of water.  
6. By avoiding processed foods and additives.  
7. By avoiding stress - practicing relaxation techniques like yoga, meditation, and deep breathing.

also:

## THE VEDIC BOOKS OF KNOWLEDGE

are good for the body and mind. They help to improve health and well-being. They also help to develop spiritual awareness and wisdom. They are based on ancient Indian wisdom and philosophy. They are written in Sanskrit and English. They are available in bookstores and online. They are also taught in schools and universities. They are used in various fields such as medicine, psychology, education, and spirituality. They are also used in daily life for self-improvement and personal growth. They are also used in various fields such as medicine, psychology, education, and spirituality. They are also taught in schools and universities. They are used in various fields such as medicine, psychology, education, and spirituality. They are also used in daily life for self-improvement and personal growth.

THE VEDIC BOOKS OF KNOWLEDGE

TO BE READ

Dear